

If English is not your first language and you need help, please contact the

Interpretation and Translation Service

Jeśli angielski nie jest twoim pierwszym językiem i potrzebujesz pomocy, skontaktuj się z działem tłumaczeń ustnych i pisemnych

رگا نابز یلہپ یک پآ یزیرگنا تمدخ بمجرت روا ینامجرت مرک ہارب ، وت ے ترورض یک ددم وک پآ روا ے نیہن نیرک بطبار ےس

Dacă engleza nu este prima ta limbă și ai nevoie de ajutor, te rugăm să contactezi Serviciul de interpretare și traducere

ইংরাজী যিদ আপনার .থম ভাষা না হয় এবং আপনার সাহায্যের .য়োজন হয় তেব অনু-হকের ? দাভাষী এবং অনুবাদ পিরেবাত্তে ? যাগাযোগ কবন

ةيريرحتلاو ةيوفشلا ةمجرتلا ةمدخب لاصتلاا بجرىف ، ةدعاسم بلا جاتحتو بلولأا كتغل يه ةيزيلجنلا نكت مل اذا

☎: 0333 344 5710

@ : ukgovinterpreting@thebigword.com

For sign language

☎: 023 8021 3888

@ : interpreting@sonus.org.uk

Contact details:

If you have concerns about your wound that cannot wait till your next appointment please contact us on

023 8031 1034

or complete a Klinik form online via our website

www.thewillowgroup.nhs.uk

and a member of the nursing staff to contact you back.

Out of hours services please call **111** or visit **111.nhs.uk** online

If you are in need of urgent medical treatment then call 999 or visit your nearest urgent treatment centre or A&E



The
**WILLOW
GROUP**

Wound Care

**After Care
Advice**

After care advice

Once your leg ulcer is healed you will be asked to wear compression hosiery. Ideally this will be lifelong, as you will now be high risk for developing them again, and this will hopefully prevent further ulcers occurring.

You will also have a 6–12-month telephone review to issue you with more hosiery and ensure you are having no problems.

You will also be advised that each day, or when you are able, you remove the hosiery, wash and cream your legs, and re-apply the hosiery.

If you are struggling with applying your hosiery, please let a nurse know, as there are other hosiery options that may help, don and doffers, or we can refer you to our surgery signposters for external support.

If anything reoccurs, however minor, we would recommend you contact the surgery for a wound assessment, so we can assess the area and determine a plan for treatment.

Signs of infection:

Signs of infection may include:

- ▣ Increased pain
- ▣ Offensive smell/odour
- ▣ Increased or new discharge
- ▣ Hot surrounding wound
- ▣ Redness spreading more than 2cm, around the area or a slight tracking up the leg or wound
- ▣ Fevers
- ▣ Nausea/feeling unwell with flu like symptoms

Please seek medical advice if you have any concerns

Find out more about our services on
www.thewillowgroup.nhs.uk

Other wounds:

Foot wounds may be referred to the podiatry team. They will assess your wound and complete a plan the practice nurses can then follow.

If you are diabetic with a foot wound you will be referred to the diabetic foot clinic at QA hospital as well as podiatry.

Tissue viability Nurses (TVN)

If your wound is slow to heal or not responding to treatments, we will refer you to our TVN service.

This is a small team of specialist wound care nurses. They will either respond to emails with treatment regimens, or they will come and review you within one of your regular wound care appointments with the nurse.